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| **Organizers:****Islamic Medical Association in Kingdom of Saudi Arabia (IMAKSA) |****World Assembly of Youth Muslim (WAMY)****Collaborators:** **Federation of Islamic Medical Associations (FIMA) |** **Islamic Medical Association, Malaysia (IMAM) |** **Cyberjaya University College of Medical Sciences (CUCMS)** |

   

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| LOGISTICS PROPOSAL | The 11th FIMA INTERNATIONAL CAMPFOR MEDICAL STUDENTS24TH – 31st July 2009Kg. Tok Senik ResortPulau Langkawi, Malaysia |

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Introduction

The Federation of Islamic Medical Association, FIMA aims to foster the unity of Muslim medical professionals all over the world by promoting Islamic medical activities including health services, education and research, through cooperation and coordination among member organisations.

One such activity is the annual FIMA International Student Camp hosted by the various IMAs (Islamic Medical Associations). This annual gathering of Muslim medical students all over the worlds provides the opportunities to all delegates to participate in a comprehensive program of educational, cultural, social, and recreational activities.

The management of the camp and its associated activities are primarily run by the students under supervision by senior doctors. The students from Cyberjaya University College of Medical Sciences (CUCMS) under the umbrella of Islamic Medical Association, Malaysia (IMAM) is honored to be given the chance to host this year’s student camp with guidance from the Islamic Medical Association Kingdom of Saudi Arabia (IMAKSA) and World Assembly of Muslim Youth (WAMY)

# Objectives

* To foster brotherhood among Muslim students of various Islamic Medical Associations (IMAs) and countries.
* To enhance mutual understanding and cooperation.
* To exchange information and experiences.
* To provide leadership training and organizational skills.
* To strengthen the involvement of students in IMA activities.
* To promote communication and networking among the student chapters of IMAs and other countries.

# Organizers

Islamic Medical Association in Kingdom of Saudi Arabia (IMAKSA)

World Assembly of Muslim Youth (WAMY)

# Hosts and Collaborators

Islamic Medical Association, Malaysia (IMAM)

Cyberjaya University College of Medical Sciences (CUCMS)

Federation of Islamic Medical Associations (FIMA)

# Venue

Kg. Tok Senik Resort

Pulau Langkawi

Malaysia

# Participants

* 150 students
* Each IMA is allowed a maximum of 10 students, with more quotas for the organizing IMA and the host country.

# Theme

***“Volunteerism”***

One of the prominent features of the doctors in FIMA is the spirit of volunteerism. Her doctors have volunteered in virtually all of the humanitarian and medical activities in the many disaster zones. This altruistic spirit of our IMAs and our medical professionals have been recognized by many international agencies. The latest being the award by the American College of Physicians in April 2009 to our FIMA SAVE VISION, a project of FIMA Relief, started in 2004 to address the need for ophthalmic services in 8 different countries.

It is this spirit of volunteerism which we hope to infuse among our younger generation of doctors, allied health professionals and medical students. Often absorbed in the acquisition of knowledge (cognitive domain ); our students are often found lacking in the affective domain, which is equally important in the nurturing of a passionate, compassionate and caring health care professional.

This International Student Camp in Malaysia presents as another opportunity to focus on yet another important aspect in the holistic training of a health care professional i.e. the realm of VOLUNTEERISM.

This would be achieved through a well designed training module with special emphasis on the practical aspects of volunteerism. There is wealth of experience within our institution which can be show cased to all our students at the camp.

# Program Outline

* Lectures & Seminars
* Roundtable discussions & workshops
* Debates
* Forum
* Project presentation
* Meetings
* Spiritual sessions
* Cultural show
* Basic survival skills
* Outdoor activities and sports
* Educational tours
* Community Health Service

# Logistics Committee

Advisor: Associate Professor Dr. Amaluddin

Program Co-ordinators: Ahmad Zaimi Abdul Latiff

 Husna Musa

Secretariat: Syed Muhammad Adli Aljunid

 Amira Farhana Abdul Khalil

Accommodation: Wan Mohd Daud Wan Omar

 Siti Fatimah

Transportation: Adi bin Fadzilan

 Azlin Tasnim bte Che Othman

Recreational Activities: Muhammad Ariff bin Shaharuddin

 Juliana Alias

Community Service: Harith Abdul Malek

 Safiyyah Jamilah bte Megad Saidi

Public Relation: Nabil Mohammad Azmi

 Eda Hayati Ahmad Tajudin

Preparation and Technical: Ahmad Ibrahim Ahmad Zainuddin

 Za’faran bt Hisham

# Itenary

|  |  |  |  |
| --- | --- | --- | --- |
| DATE | TIME | PROGRAM | LOCATION |
| Day 1 Friday 24th July |  | Arrival of participantsAccommodation Registration | Kg. Tok Senik |
| Day 2 Saturday 25th July | 05.45 – 06.15 | Salat-ul-Fajr | Prayer Room |
| 06.15 – 06.45 | Quran and Thikr “Optional” | Prayer Room |
| 06.45 – 07.30 | Breakfast | Restaurant |
| 07.30 – 08.30 | Rest and Transfer to Main Lecture Hall |  |
| 08.30 – 10.30  | Official Opening Ceremony | Main Lecture Hall |
| 10.30 – 11.00 | Tea Break | Main Lecture Hall |
| 11.00 – 12.30 | Briefing and Program Overview | Main Lecture Hall |
| 12.30 – 13.30 | Lunch | Restaurant  |
| 13.30 – 14.30  | Salat-ul-Zuhr | Prayer Room |
| 14.30 – 16.30 | Ice-Breaking | Lecture Room |
| 16.30 – 17.30 | Salat-ul-Asr | Prayer Room |
| 17.30 – 18.30 | Traditional Games |  |
| 18.30 – 19.30 | Rest |  |
| 19.30 – 20.00 | Salat-ul-Maghrib | Prayer Room |
| 20.00 – 21.00 | Dinner | Restaurant |
| 21.00 – 21.30 | Salat-ul-Isha’ | Prayer Room |
| 21.30 – 23.00 | Group Discussion | Lecture Room |
| 23.00 – 05.45 | Sleeping TimeQiyamullail “Optional” |  |
| Day 3 Sunday 26th July | 05.45 – 06.15 | Salat-ul-Fajr | Prayer Room |
| 06.15 – 06.45 | Quran and Thikr “Optional” | Prayer Room |
| 06.45 – 07.30 | Breakfast | Restaurant |
| 07.30 – 08.30 | Rest and Transfer to Main Lecture Hall |  |
| 08.30 – 10.30  | Cultural Program 1 | Main Lecture Hall |
| 10.30 – 11.00 | Tea Break | Main Lecture Hall |
| 11.00 – 12.30 | Team Building 1 | Main Lecture Hall |
| 12.30 – 13.30 | Lunch | Restaurant  |
| 13.30 – 14.30  | Salat-ul-Zuhr | Prayer Room |
| 14.30 – 16.30 | Workshop 1 | Lecture Room |
| 16.30 – 17.30 | Salat-ul-Asr | Prayer Room |
| 17.30 – 18.30 | Sports |  |
| 18.30 – 19.30 | Rest |  |
| 19.30 – 20.00 | Salat-ul-Maghrib | Prayer Room |
| 20.00 – 21.00 | Dinner | Restaurant |
| 21.00 – 21.30 | Salat-ul-Isha’ | Prayer Room |
| 21.30 – 23.00 | Student Presentation  | Lecture Room |
| 23.00 – 05.45 | Sleeping TimeQiyamullail “Optional” |  |
| Day 4 Monday 27th July | 05.45 – 06.15 | Salat-ul-Fajr | Prayer Room |
| 06.15 – 06.45 | **Recreational Outing 1** Junggle Trekking “Optional” | Prayer Room |
| 06.45 – 07.30 | Breakfast | Restaurant |
| 07.30 – 08.00 | Depart to Marina Harbour Park |  |
| 08.00 – 08.30  | Photograph Session | Marina Harbour Park |
| 08.30 – 09.00 | Depart to Cable Car and Oriental Village |  |
| 09.00 – 10.30 | Cable Car Ride | Cable Car |
| 10.30 – 12.00 | Horse Riding “Optional”7 Wells Waterfalls  |  |
| 12.00 – 12.30  | Depart to Ewa Beach |  |
| 12.30 – 14.30 | Picnic and Lunch Salat-ul-Zuhr | Ewa Beach |
| 14.30 – 14.45 | Depart to Carft Complex  |  |
| 14.45 – 15.15 | Craft and Batik Complex | Craft Complex |
| 15.15 – 15.45 | Depart to MARDI Agrotech  |  |
| 15.45 – 16.30 | Fruit Picking | MARDI Agrotech |
| 16.30 – 17.00 | Salat-ul-Asr | Prayer Room |
| 17.00 – 17.30 | Depart to Kg Tok Senik |  |
| 17.30 – 19.30 | Rest |  |
| 19.30 – 20.00 | Salat-ul-Maghrib | Prayer Room |
| 20.00 – 21.00 | Dinner | Restaurant |
| 21.00 – 21.30 | Salat-ul-Isha’ | Prayer Room |
| 21.30 – 23.00 | Recreation and Open Program | Lecture Room |
| 23.00 – 05.45 | Sleeping TimeQiyamullail (Optional) |  |
| Day 5 Tuesday 28th July | 05.45 – 06.15 | Salat-ul-Fajr | Prayer Room |
| 06.15 – 06.45 | Quran and Thikr “Optional” | Prayer Room |
| 06.45 – 07.30 | Breakfast | Restaurant |
| 07.30 – 08.30 | Rest and Transfer to Main Lecture Hall |  |
| 08.30 – 10.30  | Cultural Program 2 | Main Lecture Hall |
| 10.30 – 11.00 | Tea Break | Main Lecture Hall |
| 11.00 – 12.30 | Team Building 2 | Main Lecture Hall |
| 12.30 – 13.30 | Lunch | Restaurant  |
| 13.30 – 14.30  | Salat-ul-Zuhr | Prayer Room |
| 14.30 – 16.30 | Workshop 2 | Lecture Room |
| 16.30 – 17.30 | Salat-ul-Asr | Prayer Room |
| 17.30 – 18.30 | Sports |  |
| 18.30 – 19.30 | Rest |  |
| 19.30 – 20.00 | Salat-ul-Maghrib | Prayer Room |
| 20.00 – 21.00 | Dinner | Restaurant |
| 21.00 – 21.30 | Salat-ul-Isha’ | Prayer Room |
| 21.30 – 23.00 | Student Presentation  | Lecture Room |
| 23.00 – 05.45 | Sleeping Time |  |
| Day 6 Wednesday 29th July | 05.45 – 06.15 | Salat-ul-Fajr | Prayer Room |
| 06.15 – 06.45 | Quran and Thikr “Optional” | Prayer Room |
| 06.45 – 07.30 | Breakfast | Restaurant |
| 07.30 – 08.30 | **Recreational Outing 2**Depart to Chenang Beach |  |
| 08.30 – 09.30  | Depart to Private Island |  |
| 09.30 – 11.00 | Games and Team Building | Private Beach |
| 11.00 – 11.30 | Break | Private Beach |
| 11.30 – 12.30 | Treasure Hunt | Private Beach |
| 12.30 – 13.30 | Lunch | Private Beach |
| 13.30 – 14.30  | Salat-ul-Zuhr | Private Beach |
| 14.30 – 16.30 | Free Leisure Time | Private Beach |
| 16.30 – 17.30 | Salat-ul-Asr | Private Beach |
| 17.30 – 18.30 | Departs to Kg Tok Senik |  |
| 18.30 – 19.30 | Rest |  |
| 19.30 – 20.00 | Salat-ul-Maghrib | Prayer Room |
| 20.00 – 21.00 | Dinner | Restaurant |
| 21.00 – 21.30 | Salat-ul-Isha’ | Prayer Room |
| 21.30 – 23.00 | Student Presentation  | Lecture Room |
| 23.00 – 05.45 | Sleeping TimeQiyamullail (Optional) |  |
| Day 7 Thursday 30th July | 05.45 – 06.15 | Salat-ul-Fajr | Prayer Room |
| 06.15 – 06.45 | Quran and Thikr “Optional” | Prayer Room |
| 06.45 – 07.30 | Breakfast | Restaurant |
| 07.30 – 08.30 | Depart to Langkawi Hospital |  |
| 08.30 – 12.30  | **Community Service**“Introduction to the Primary Health System in Malaysia”Visit to Health District Office and Langkawi Hospital | Langkawi Hospital |
| 12.30 – 13.30 | Lunch | Restaurant  |
| 13.30 – 14.30  | Salat-ul-Zuhr | Prayer Room |
| 14.30 – 16.30 | “Anti-Dengue Campaign”“Antenatal Home Visit” |  |
| 16.30 – 17.30 | Salat-ul-Asr | Prayer Room |
| 17.30 – 18.30 | Cultural Program 3 |  |
| 18.30 – 19.30 | Rest |  |
| 19.30 – 20.00 | Salat-ul-Maghrib | Prayer Room |
| 20.00 – 21.00 | Dinner | Restaurant |
| 21.00 – 21.30 | Salat-ul-Isha’ | Prayer Room |
| 21.30 – 23.00 | Team Building 3  | Lecture Room |
| 23.00 – 05.45 | Sleeping TimeQiyamullail “Optional” |  |
| Day 8 Friday 31th July | 05.45 – 06.15 | Salat-ul-Fajr | Prayer Room |
| 06.15 – 06.45 | Quran and Thikr “Optional” | Prayer Room |
| 06.45 – 07.30 | Breakfast | Restaurant |
| 07.30 – 08.30 | Rest and Transfer to Main Lecture Hall |  |
| 08.30 – 12.30  | Closing Ceremony | Main Lecture Hall |
| 12.30 – 13.30 | Lunch | Restaurant  |
| 13.30 – 16.30  | Depart to Langkawi Airport |  |

# Project Details

The main areas of our concerns are:

1. Accommodation
2. Recreational Activities
3. Community Service

# Accommodation

Accommodation for all participants would be at Kampung Tok Senik Resort, Langkawi. The resort is well known for its four star hotel facilities on top of unique traditional Malay village setting and environment.

Further appeals have been made to the administration for this event, according to guidelines provided by Islamic Medical Association of Kingdom of Saudi Arabia (IMAKSA). Matters appealed are as follows:

* Kampung Tok Senik would be booked exclusively for FIMA International Student Camp, which is from 24th – 31st July 2009
* The males and females will be absolutely segregated in all activities during the whole period of program
* Utilization of facilities and room services
* Food and beverages
* Sports facilities
* Technical equipments
* Security and safety
* Proper place will be allocated for registration of participants as well as arrival and departure rest area
* Additional information will be provided for participants regarding facilities including extra foods and drinks, laundry facility, international calls and others related.

# Recreational Activities

Langkawi Island is an archipelago of 104 islands lying in the north western coast of Peninsular Malaysia. It is a waste if the presence of many delegates from other countries is not utilized optimally as to explore the beauty and uniqueness of this precious piece of our country, the Legendary Island.

The participants will be brought to various tourist attractions around Langkawi Island. This recreational outing will be divided into two days with alternate separation between the male and female participants; the island trip and the land outing.

As for the island trip the participants will undergo a group training/team building activities and motivational instillation slots in the morning. By afternoon, participants are free to do any leisure activities such as treasure hunt, sports and snorkeling.

The land trip offers an interesting set of places to visit of which are all the main attractions in Langkawi, just to name a few; Cable car ride, 7 Wells Waterfalls, Oriental Village, Ewa Beach, Harbour Park Marina, Craft and Batik Complex and Mardi Fruit Agrotech. Some of the suggested activities are optional; the students may have to pay a minimum fee if they wish to participate. The logistic committee will come up with a few sets of packages for the students to choose from.

For this part of the program, we will collaborate closely with the Tourism Malaysia for consultation, guidance and monetary sponsorship. We hope via Tourism Malaysia we would be able to ask for assistance with regard of transportation from the available government bodies such as Community Colleges, Ministry of Health, Mara Junior High School (MRSM).

# Community Service

This piece of the program plays a crucial role as to match the theme of the camp which is ***‘Volunteerism’***. The community service is designed as to expose the delegates to the primary health care system in our country which is believed to be one of the successful ideal system materialized among other countries in the world.

We have approached the Health District Office of Langkawi for a close collaboration on this project, together with Langkawi Hospital, Tourism Malaysia, local politicians and community leaders.

Among the activities suggested are; introductory visit to the Health District office, “Gotong Royong” exercise in line with the National Anti-Dengue Campaign for the male participants, home visits particularly on antenatal care for the female participants, and visits to welfare institutes such as rehabilitation centre and orphanages.

# Proposed Budget

1. ACCOMMODATION

|  |  |  |  |
| --- | --- | --- | --- |
|  | QUANTITY | UNIT PRICE (RM) | COST (RM) |
| Accommodation and food |  |  | 100 000.00 |
| Additional facilities:Sports facilitiesTechnical equipmentsSafety and security |  |  | 30 000.00 |
| TOTAL | **130 000.00** |

1. RECREATIONAL ACTIVITIES

|  |  |  |  |
| --- | --- | --- | --- |
|  | QUANTITY | UNIT PRICE (RM) | COST (RM) |
| Cable Car Ride  | 150 | 30.00 | 4 500.00 |
| Jungle trekking | 10 | 50.00 | 500.00 |
| Private Island | 150 | 50.00 | 7 500.00 |
| Transportation (male) | 3 x 2 days | 800.00 | 4 800.00 |
| Transportation (female) | 2 x 2 days | 800.00 | 3 200.00 |
| TOTAL | **20 500.00** |

1. COMMUNITY SERVICES (MALE)

|  |  |  |  |
| --- | --- | --- | --- |
|  | QUANTITY | UNIT PRICE (RM) | COST (RM) |
| Souvenir - Primary Health Clinic | 1 | 50.00 | 50.00 |
| Souvenir - Langkawi Hospital | 1 | 50.00 | 50.00 |
| Transportation | 3 | 800.00 | 2 400.00 |
| TOTAL | **2 500.00** |

1. COMMUNITY SERVICES (FEMALE)

|  |  |  |  |
| --- | --- | --- | --- |
|  | QUANTITY | UNIT PRICE (RM) | COST (RM) |
| Home visit hampers | 20 | 20.00 | 400.00 |
| Souvenir -community center | 1 | 100.00 | 100.00 |
| Souvenir - District Health Office | 1 | 50.00 | 50.00 |
| Transportation | 2 | 800.00 | 1 600.00 |
| TOTAL | **2 150.00** |

1. LOGISTICS SUPPORT

|  |  |  |  |
| --- | --- | --- | --- |
|  | QUANTITY | UNIT PRICE (RM) | COST (RM) |
| Transportation from Langkawi Airport – Kg Tok Senik Resort – Langkawi Airport | 2 | 800.00 | 1 600.00 |
| Administrative purposesPrinting cartridgeA4 paperStationeries | 231 | 100.0015.0050.00 | 200.0045.0050.00 |
| Special tasksBuntingsBannerT-shirtsProgram book (VIP)Program book (participants)VIP giftsGifts for participants | 211501015010150 | 80.00150.0040.005.001.005.0010.00 | 160.00150.006 000.0050.00150.0050.001500.00 |
| Survey trip Survey Trip 1 (Oct 08)Flight tickets | 2 pax | 180.00 | 360.00 |
| Survey trip 2(April 09)Fuel and tollFerryCar rentAccommodation | 1611 | 350.0050.00200.00200.00 | 350.00300.00200.00200.00 |
| TOTAL | **11 365.00** |

**TOTAL PROPOSED BUDGET**

|  |
| --- |
| COST (RM) |
| ACCOMMODATION | 130 000.00 |
| RECREATIONAL ACTIVITIES | 20 500.00 |
| COMMUNITY SERVICES (MALE) | 2 500.00 |
| COMMUNITY SERVICES (FEMALE) | 2 150.00 |
| LOGISTIC SUPPORTS | 11 365.00 |
| Miscellaneous (5%) | 8325.75 |
| TOTAL COST |  **174840.25** |

# Conclusion

Although we can meticulously plan the details to this grand project, none will become successful save for the combined support of all of those involved - be it from the committee members and the students, to governing bodies, extending to the community we plan to serve and especially the generous contributions from our sponsors and donors.

We sincerely hope that we can successfully conduct this project and leave a permanent mark in the hearts of the participants, and open their eyes of the endless possibilities of our scope of work.

Gone are the days when medical professionals are seen in a stereotypical light of working in hospitals, laboratories and clinics - as we embrace the future, changes must be made to expand our responsibilities beyond the confines of our limited everyday roles. We thus hope that, however small our efforts are, we might make even the slightest change for the better.

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(AMIRA FARHANA BT ABDUL KHALIL)

Secretary,

FIMA Student Camp Logistics Committee

Cyberjaya University College of Medical Sciences

Supported by,

………………………………………………………

(ASSOCIATE PROFESSOR DR. AMALUDDIN)

Advisor,

FIMA Student Camp Logistics Committee

Cyberjaya University College of Medical Sciences